

# A Roman Kitchen



Storage jars containing fish oil, seeds, olive oil etc

Food storage!

Wood-fired Oven/Stove

Amphora : storage jar. Pointed end : to be buried in the ground. For storing flour, liquids dried meat etc

Quern for grinding wheat to make flour



Mussels



fruit

Fish oil

Olive oil

Herbs

Seeds / nuts

Fish / chicken

Caraway seeds

